

Resident Green Guide

A handy guide to help you do your best for the greater good.

provided by



Wildwood Baton Rouge | Baton Rouge, LA

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/SUS·TAIN·A·BLE LIV·ING/

DOING OUR PART TO MAKE THE WORLD
A BETTER PLACE FOR ALL OF US.

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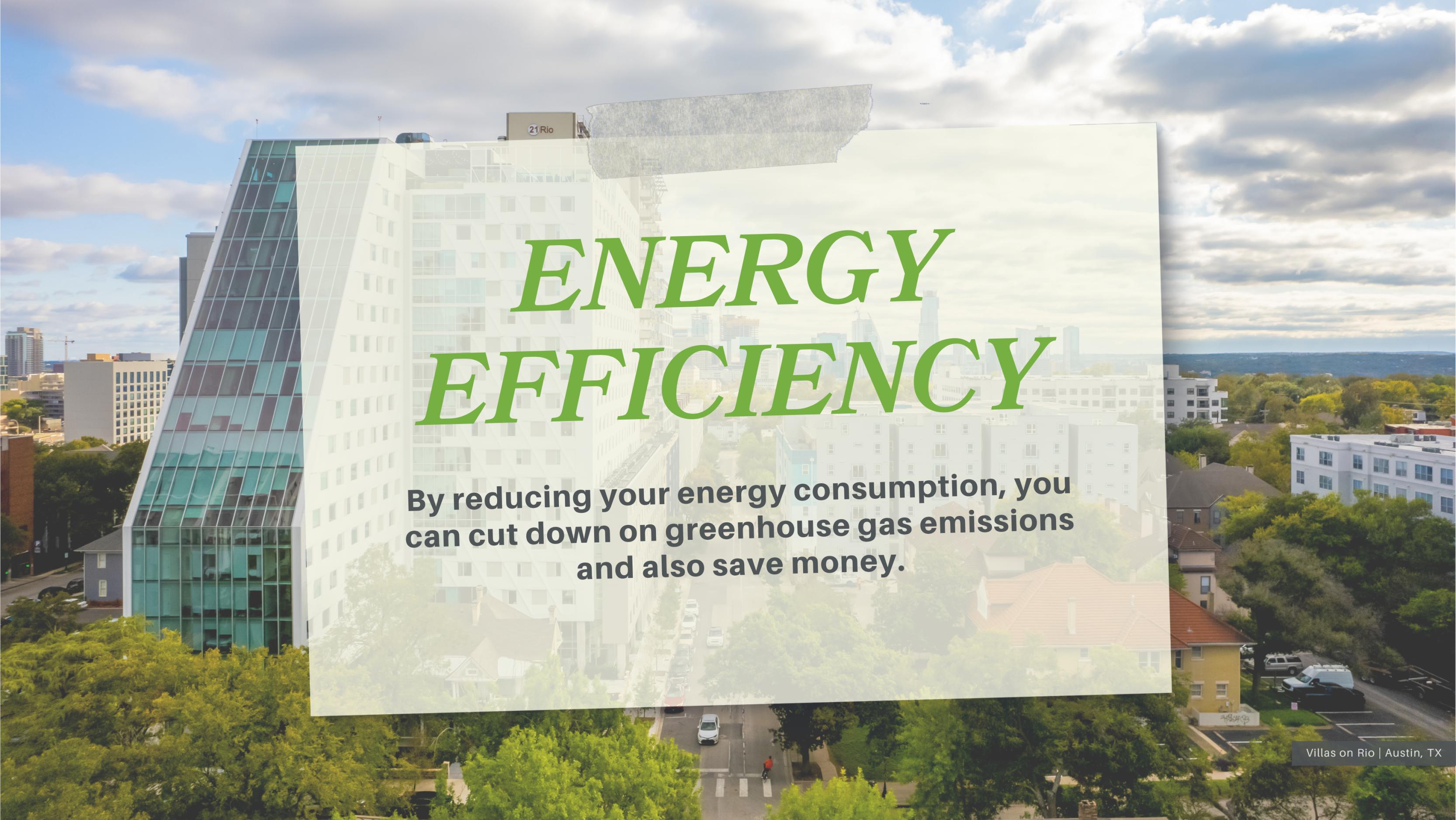
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A modern living room with a beige sofa, a high-top bar table, and large windows. The room is bright and airy, with light-colored walls and a large window looking out onto a green landscape. The sofa is decorated with several colorful pillows. A high-top bar table with a wooden seat is positioned near the window. A small table with a lamp is visible on the right side of the image.

A HEALTHY COMMUNITY BEGINS AT HOME

By incorporating eco-friendly practices into your daily life, you can make a positive impact on the environment and the health of your community. Simple actions like avoiding single-use plastics, reducing energy consumption, and choosing sustainable products can go a long way in promoting a healthy and eco-conscious lifestyle. So, let's work together and make our communities healthier and more sustainable places to live! Let's help do good, for the greater good.

An aerial photograph of a city, likely Austin, Texas, featuring a prominent modern glass skyscraper on the left and various residential buildings and greenery. A semi-transparent white box with a torn-edge effect is overlaid on the center of the image, containing text.

ENERGY EFFICIENCY

By reducing your energy consumption, you can cut down on greenhouse gas emissions and also save money.

Power Down Hour

Turn off electronics such as laptops and PC's and unplug cell phone chargers, small appliances (think coffee makers, air fryers, curling irons) after you're done using them. Invest in a power strip and you can ensure they're all turned off at once.

Flip the Switch

Don't forget to turn off the lights before leaving your apartment or when not in use and take advantage of natural light when possible. Still using incandescent bulbs? Switch to LED whenever possible to increase efficiency. Bonus - LED bulbs can last as long as 20 years!

Hello, Sunshine

In cooler months, open the blinds to allow sunlight to warm your apartment naturally. Did you know? Over 85% of heat gain indoors happens through windows - take advantage and save some money during the cooler months.

Temperature Check

Manage temperature controls on your thermostat depending on the time of year to save energy on heating and cooling while you're in class, at work or out of town. Program your thermostat on a set schedule you can set it and forget it!

Let's Sort it Out

Separate laundry loads based on heavy and light weight items to decrease drying times. Consider air drying clothes when possible to minimize energy usage and extend the life of your clothes. Also, make sure to adjust washer settings based on load size.

Tetris Time

Sharing fridge space with roommates can be tough - clean out your fridge to maximize efficiency and make sure not to overcrowd your freezer. The more full your refrigerator, the harder the motor has to work to keep things cool.

ENERGY EFFICIENCY



WATER CONSERVATION **BECAUSE LESS IS MORE**

Water conservation is crucial to preserving our planet's natural resources and promoting sustainable living practices. Because less is more when it comes to water, reducing our consumption not only helps to preserve this vital resource for future generations but can also lower water bills and promote a more sustainable lifestyle.

Drip Drop

Notice a dripping faucet, leaky shower head or water somewhere it shouldn't be? Report any potential water issues to your maintenance team as soon as possible to minimize damage and water wasted in your apartment.

Shower Savings

Did you know? Shortening your shower time by a few minutes could save you up to 700 gallons of water per month. Also, try to avoid using your toilet for trash to reduce flushes and save water.

Cold as Ice

Keep your drinking water cool in the fridge to avoid running tap water. Consider defrosting frozen food in the fridge rather than running water for efficiency and food safety.

Go With The Flow

Turn off the water while you're brushing your teeth, washing your face or doing dishes. Going with(out) the flow can help save gallons of water!

Fill It Up

When using your dishwasher or washing machine make sure each load is full before hitting the 'run' button to save water. Pro tip: use the eco-mode if you can to save even more water.



REDUCE & REUSE

The best way to conserve resources and reduce pollution is to reduce consumption or reuse items.

Paper or Plastic?

On your next trip to the grocery store, bring reusable shopping bags with you and save paper bags for reuse. Next time you get asked 'paper or plastic', you know what to do.

Take Note

Let's face it, smart phones are smart. Take note by switching to electronic note systems rather than purchasing paper products. Ditch notebooks, pads of paper or sticky notes and save a tree or two.

Ctrl + P

Correct mistakes in print preview mode before hitting 'ctrl + p' to reduce overprinting and use double-sided printing when you can to save on paper (and ink) being used.

What's On Tap?

Purchase a water filter pitcher to fill reusable water bottles with filtered tap water rather than buying bottled water. Did you know? Americans consume more bottled water than any other country in the world.

Bills, Bills, Bills

Have multiple bills to pay each month? Keep it simple by opting in for electronic or e-bill statements to reduce unnecessary mail. Better yet, set up auto pay and avoid those pesky statements all together.

Closet Cleanse

Donate gently used clothing and items rather than throwing them away. Consider websites like Facebook Marketplace or local school swap services to donate or sell items you no longer use, or try a clothing swap with friends!

REDUCE & REUSE

REDUCE YOUR CARBON FOOTPRINT

Simple lifestyle changes like walking, biking, or using public transportation instead of driving can significantly reduce your carbon footprint. As future leaders and professionals, you have the opportunity to lead the way in promoting sustainable living practices and working towards a healthy planet for years to come.



Walk It Out

Walk to local shops, restaurants and other destinations when possible. Use your smart phone to map your route and get those extra steps in while helping reduce air pollution and traffic, and improve your physical and mental health.

Go Together

Consider carpooling or ride sharing with roommates or friends. Bonus? Get to your destination faster by hopping in the carpool lane on the freeway by sharing a ride.

Public Transit

Utilize public transportation in your area as well as university transportation services that are often free for students to use. Also consider bike sharing services such as CitiRide, Lyft, Lime or Nice Ride.

Request a Ride

When using Ride Share services such as Uber or Lyft, opt for Green Mode rides (in locations where available) to ride in an electric or hybrid vehicle.

Ride Your Bike

Did you know? Biking is a completely clean form of transportation! Take advantage of bike storage available at your community and bike when possible rather than driving to your destination.

Shifting Gears

Fewer cars on the road means less carbon emissions. Limit driving your car when possible and stick to cruise control to maintain a consistent speed and save gas. Optimize your mileage by keeping your tires inflated.



WASTE & RECYCLING

By recycling, we actively contribute to reducing the strain on natural resources and minimizing the negative impact of waste on the environment.

Bin There, Done That

If your community provides recycling bins, make sure to follow your property's guidance for recycling of cardboard, glass, plastic, paper and aluminum based on recycling services offered in your area.

Trade in Value

Trade in Apple devices such as iPods, iPhones, Macs and more for free. Visit [Apple.com/trade-in](https://apple.com/trade-in) for more info. Have other electronics to get rid of? Utilize recycling drop off locations in your city to donate old TV's, appliances and more.

You've Got Mail

Approximately 25 million packages are delivered each day in the US. With online ordering on the rise, try waiting to order until you need several items to cut down on packaging and emissions from delivery trucks. Pro tip - save your boxes to use for future returns.

Can I Get a Straw?

The Plastic Pollution Coalition reports that plastic straws are among the top 10 items found in ocean debris. The next time you're out to eat or grabbing your drive thru soda, consider skipping a straw or switch to a reusable option.

Brown Bag It

Instead of filling your lunch box with single use plastic containers, invest in some eco-friendly food containers made of glass or reusable alternatives to plastic bags. Pack a lunch, save money and limit your contribution to plastic containers in the landfill.

Light Bulb Moment

Did you know? Fluorescent light bulbs contain mercury and must be disposed of properly. Get rid of used light bulbs the right way by researching local drop off locations near you such as a hardware store.

Top Tips

SUSTAINABLE LIVING

- ✓ **Reduce, Reuse & Recycle**
- ✓ **Save water, save the planet**
- ✓ **Support local & homegrown**
- ✓ **Conserve energy**
- ✓ **Reduce your carbon footprint**

CHANGE BEGINS WITH EACH OF US

Making a few small changes to your daily routine can make an impact. Let's work together to make a change for the better, not only for you, but for the planet too.